

TASTING RULES!

- ★ EVERYONE is encouraged to taste the food (allergy exempt).
- ★ Words such as "yuck" and "ugh" are NOT allowed, especially before tasting.
- ★ Use your VOCABULARY - use adjectives to describe what you like and don't care for about food tastes and textures.
- ★ TASTE FIRST and then decide if you like it or not.
- ★ After tasting, YOU CHOOSE if you want to finish eating the remainder on your plate.
- ★ TASTES CHANGE so try the food again even if you have tried it at some other place and time.

