

Sample Morning Announcements for Promoting a Tasting Event

Underlined items are provided as examples. Customize the message to the details of your tasting event.

General:

- A new experience is waiting for you in the cafeteria! Visit the tasting station today for a sample of yellow watermelon and let us know what you think!
- Stuck in a rut? Trying something new is a great way to break from your routine. Samples of asparagus will be available at a tasting station in the cafeteria tomorrow.
- Have you ever tried purple cauliflower? Today is your chance! Samples will be provided at a taste test in the cafeteria today.
- They say “You never know unless you try” Visit the tasting station in the cafeteria tomorrow. You might find out you have a new favorite fruit or vegetable!
- Did you know that your tastes change throughout your life? Trying foods is always a good idea, whether it’s the first or the fifteenth time. Samples of green beans prepared three different ways will be available at a taste test held in the cafeteria on Wednesday.



Potential menu item tastings:

- Tired of the same old thing at lunch? Here’s your chance to change things up: there will be a tasting station in the cafeteria next Monday. Students will vote on which items they like. You may see some new items on the cafeteria line!
- Let your voice be heard! Try a sample of kiwi fruit in the cafeteria today and vote on whether you’d like to purchase this item at lunch.

Nutrition education-linked tastings:

- (Read for Health): The second grade just read a book about whole grains. Visit the tasting station in the cafeteria on Tuesday to sample a variety of whole grain foods.
- (ReFresh): The fifth grade has been discussing family meals. They’d like to share what they’ve learned with the whole school through a taste test of the Apple Cranberry Salad they made in class.
- (Growing Healthy Habits): Third graders know that eating a variety of colorful fruits and vegetables ensure your body is getting a variety of vitamins and minerals. You’ll have a chance to try a red, purple, and green vegetable at a taste test at lunch tomorrow.

Farm to School/local produce tastings:

- Have you ever tried a peach? How about a local peach? Fruit that is grown on nearby farms often tastes better because it is fresher than fruit that is shipped across the country. Try local peaches at the tasting station in the cafeteria today!

Garden produce tastings:

- The garden club has been hard at work planting and tending the school garden. Their hard work has paid off—they harvested spinach yesterday. You will have a chance to taste this fresh, homegrown vegetable at the tasting station in the cafeteria today.

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